

DAY IN OA

EXPLORING THE OA 12 STEPS USING COLLAGE

An Afternoon Workshop

Collage – cutting and pasting pictures – can often be a simple, easy, and rewarding way to work with the Overeaters Anonymous 12 Steps. Like writing, it can be a tool to help us see things clearer, or in a new way.

We will relax, give our minds a rest, cut and paste pictures, and see what emerges!

Saturday, June 14, 2008

1pm – 4pm

Noe Valley Ministry, Upper Hall

1021 Sanchez St. at 23rd St.
MUNI J Line, BART, & 24 bus line

ALL WELCOME!

No art experience necessary!

*“Recovery is a journey, and the Twelve-Step program
is the road we travel together in OA”*

~The Twelve Steps & Twelve Traditions of OA, p. 130

Questions, comments, service: Dunya 415-312-8147

Sponsored by the 7am Noe Valley OA Group